



Turkish Society of Clinical Enteral &
Parenteral Nutrition and Hellenic
Assosiation of Dietitians Nutritionists
Joint Meeting-2
Academy of Science in Nutrition
"Oncology Meeting"

24 - 26 October 2025

Radisson Blu Latvija Conference & Spa Hotel, Riga

www.nutrisyonakademisiriga.com



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24 October 2025, Friday

Multidiscipliner Approach Medical Nutritional Treatment - I

Session Chairs: Seher Demirer, Mutlu Doğanay

- 09.00 - 09.30 **Prevalence of Malnutrition Risk in Hospitalized Patients: Nationwide Data**
Mutlu Doğanay
- 09.30 - 10.00 **Clinical Nutrition Professionals in Malnutrition: Nutrition Support Teams**
Çetin Kaymak
- 10.00 - 10.15 Discussion

10.15 - 10.45 **Coffee Break**

- 10.45 - 11.15 **Malnutrition Screening and Assessment: Proactive Monitoring Tools**
Tuğçe Aytulu
- 11.15 - 11.45 **Prehabilitation & ESMO Guidelines**
Mpletsa Maria
- 11.45 - 12.00 Discussion

12.00 - 13.30 **Lunch**

Multidiscipliner Approach Medical Nutritional Treatment - II

- 13.30 - 13.45 **The Metabolic Response to Immobilisation and Inflammation**
Birgül Dağ
- 13.45 - 14.00 **Nutritional Assessment and Identification of the Patient at Risk**
Müge Akmansu
- 14.00 - 14.15 **The Utility of Exercise in Promoting Muscle Metabolic Recovery in Acute and Chronic Wasting Condition**
Mpletsa Maria
- 14.15 - 14.30 Discussion

14.30 - 15.00 **Coffee Break**

Multidiscipliner Approach Medical Nutritional Treatment - III

- 15.00 - 16.30 **Open Session Discussion:** *Mutlu Doğanay, Çetin Kaymak, Tuğçe Aytulu*



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Radisson Blu Latvija Conference & Spa Hotel, Riga

25 October 2025, Saturday

08:30 - 09:30

Opening Ceremony

Çetin Kaymak, Fani Preventi

Changing Nutritional Needs in Oncology

Session Chairs: *Çetin Kaymak, Seher Demirer*

09.30 - 09.45

Nutritional Screening and Assessment in Cancer

Derya Hopancı Bıçaklı

09.45 - 10.00

Clinical Outcomes of Muscle Loss Prevention in Cancer

Tsigkas, Alexandros

10.00 - 10.15

Inflammation Based Nutritional Markers in Cancer

Melda Türkoğlu

Discussion

10.15 - 10.45

Coffee Break

New Standards of Care in Oncology - I

Session Chairs: *Hülya Gökmen Özel, Mehmet Uyar*

10:45 - 11.00

ESPEN Guidelines Update

George Saltaouras

11.00 - 11.15

Protein Requirements in Oncology Patients: Are They Being Met?

Kolomvotsou Anastasia

11.15 - 11.30

Diagnosis and Pharmacological Treatment Options for Functional Bowel Disorders

Hüseyin Pala

Discussion

The Importance of Muscle Mass and Muscle Targeted Nutritional Intervention - I

Session Chairs: *Birgül Dağ, Mehmet Ali Nahit Şendur*

11.30 - 11.45

Nutritional Intervention in Radiation Oncology

Vuslat Yürüt Çaloğlu

11.45 - 12.00

Nutritional Intervention in Medical Oncology

Şuayib Yalçın

12.00 - 12.15

Management of Nausea and Vomiting in Oncology Patients

Mehmet Kubat

Discussion

12:15-13:30

Lunch



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25 October 2025, Saturday

New Standards of Care in Oncology - II

Session Chairs: Serdar Karaca, Banu Atalar

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|---------------|---|
| 13.30 - 13.45 | Prehabilitation: Holistic Approach to Cancer Patients
<i>İrem Bilge Tekin</i> |
| 13.45 - 14.00 | High Protein & HMB & Vitamin D
<i>Uğur Selek</i> |
| 14.00 - 14.15 | High Protein & HMB & Arginine & Lysine in Diabetics
<i>Müge Akmansu</i> |
| 14.15 - 14.30 | Discussion |

14.30 - 15.00 **Coffee Break**

The Importance of Muscle Mass and Muscle Targeted Nutritional Intervention - II

Session Chairs: Tutku Soyer, Bülent Orhan

- | | |
|---------------|--|
| 15.00 - 15.15 | Nutritional Interventions in Onco Surgery
<i>Mutlu Doğanay</i> |
| 15.15 - 15.30 | Nutritional Interventions in Palliative Care and Diabetic Patients
<i>Seda Banu Akıncı</i> |
| 15.30 - 15.45 | Discussion |



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26 October 2025, Sunday

Session Chairs: Melda Türkoğlu, Seda Banu Akıncı

- 09.30 – 09.45 **Nutrition Care in Intestinal Failure**
Çetin Kaymak
- 09.45 – 10.00 **Nutrition Care in GI Motility Disorders**
Mehmet Uyar
- 10.00 – 10.15 **Nutrition Care in Obesity**
Seher Demirer
Discussion

10.15 - 10.45 **Coffee Break**

Session Chair: Hülya Başar, Ali Sıpmaz

- 10.45 – 11.00 **Rational Nutritional Treatment Use**
Ayça Sultan Şahin
Discussion

11.00 - 11.30 **Coffee Break**

- 11.30 -12:00 **Closing Ceremony**
Çetin Kaymak

12:00-13:30 **Lunch**

Scientific Secretariat



Meeting Organizer



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